

## THE CHOOSING OF A CHRISTIAN NAME

Many people choose an additional saint's name at Confirmation. The preferred name, however, is the baptismal name because it expresses the relationship that exists between Baptism and Confirmation.

If a new name is taken, however, it should be the name of a recognized saint of the Catholic Church. If the baptismal name is not that of a recognized saint, a new name should be chosen for Confirmation.

Names of saints are chosen to serve as patrons and models for those being confirmed. Candidates should choose a patron saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life that person led.

Find out more about your patron saint's life. Choose either your baptismal or confirmation patron.

Saint's Name: \_\_\_\_\_ Feast Day: \_\_\_\_\_

Name or derivative you have selected to use to honor this special patron: \_\_\_\_\_  
\_\_\_\_\_

Saint's place of birth: \_\_\_\_\_

Find out something about this saint's:

- Family: \_\_\_\_\_  
\_\_\_\_\_
- Occupation: \_\_\_\_\_
- Life and/or death: \_\_\_\_\_  
\_\_\_\_\_

What virtues did this saint practice in his/her life? \_\_\_\_\_  
\_\_\_\_\_

What aspect of this person's Christian life attracted you? \_\_\_\_\_  
\_\_\_\_\_

How is this saint a model for Christians today? \_\_\_\_\_  
\_\_\_\_\_

Ask your parents or whoever named you, how they picked the name you received at birth? Your baptismal name? Then write (on back of this sheet) a brief story about what you found out.

Candidate's full name: \_\_\_\_\_ Date: \_\_\_\_\_