

THIS WEEK in our Parish Community

Saturday, February 5

4:00pm Confession-Rectory

Sunday, February 6 - 5th Sunday in Ordinary Time

Archbishop's Annual Appeal
 8:30am Religious Education
 9:30am CLOW – Upper Church
 10:30am RCIA – Rm. 2H
 10:30am Religious Education
 No Life Night tonight

Monday, February 7

11:00am Prayer Shawl Plus – Rm. 2H
 3:30pm Religious Education

Tuesday, February 8

9:30am Miraculous Medal Novena
 10:00am First Communion Parent Meeting – Parish Cafeteria
 10:00am Women's Spiritual Book Study Group – Rm. 2H
 7:30pm Finance Council Meeting – Rectory Conference Room
 7:30pm First Communion Parent Meeting – Parish Cafeteria

Wednesday, February 9

3:30pm Religious Education
 7:30pm Religious Education

Thursday, February 10

9:15am MOMS-Parish Center, 1st Floor
 10:00am Women's Spiritual Book Study Group II – Rm. 2H
 7:30pm Respect Life Committee – Rectory

Friday, February 11

3:00pm The Chaplet of Divine Mercy – Rectory Chapel
 6:30pm Family Based Catechesis – Parish Cafeteria and Rm. 1D and Rm. 2D

Saturday, February 12

4:00pm Confession - Rectory

Sunday, February 13 - 6th Sunday in Ordinary Time

8:30am Religious Education
 9:30am CLOW – Upper Church
 10:30am RCIA – Rm. 2H
 10:30am Religious Education
 1:00pm Senior Citizens Valentine Party - Parish Cafeteria
 Life Night resumes

ATTENTION ALL CHOIRS

Please go to the Calendar on the parish website www.lfbhnl.org to check for all choir practices. Thank you.

Collection for January 30, 2011

	<u>Actual</u>	<u>Budget</u>	<u>Over (Under)</u>
Sunday	10,483.30	11,000.00	(516.70)
Year to Date	316,082.95	340,000.00	(23,917.05)

Tithing for Week 104.83

STEWARDSHIP REFLECTION

February 6, 2011

5th Sunday in Ordinary Time



"Thus says the Lord: Share your bread with the hungry, shelter the oppressed and the homeless;" - Isaiah 58:7

No matter how busy we are or how tight our budget might be, we are all called to have compassion for those who are less fortunate than us. We hear these instructions in both the Old and New Testament. In fact, Jesus tells us that we will be judged by how well we reach out to those who were hungry, thirsty, homeless, sick, grieving or in need of our compassion in any way.

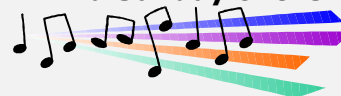
Please share your blessings with those less fortunate by contributing the 2011 Archbishop's Annual Appeal. The funds raised through the Appeal support programs that feed the hungry and shelter the homeless. Thank you for your support.

EUCCHARISTIC ADORATION will be celebrated on Friday, February 4th at 9:30 am in the Rectory Chapel ending with Benediction at 7:30 pm.



LITTLE FLOWER MUSIC MINISTRY

"Third Sunday of the Month"



Choir for Children and Youth, grades 1-8, are invited to sing at the 9:30 Mass and the Combined Parish Choirs, (adults, teens and young adults), are invited to sing at the 11:30 Mass on the third Sunday of the month. All existing and new singers are invited to participate. The next third Sunday is February 20th. Contact Therese Butler at singthemiracle@embarqmail.com or 908 303 9402 or stop by the choir area after Mass. Visit the parish calendar at www.lfbhnl.org for the list of music. Go to 2/20 and click on the choir listed for 9:30 or 11:30.

READINGS AND CELEBRATIONS FOR THE WEEK

Fifth Sunday in Ordinary Time

Is 58:7-10; 1 Cor 2: 1-5; Mt 5:13-16

Monday - Weekday

Gn 1:1-19; Mk 6: 53-56

Tuesday - Weekday; Saint Jerome Emiliani, priest;

Saint Josephine Bakhita, virgin

Gn 1:20-2:4a; Mk 7:1-13

Wednesday Weekday

Gn 2:4b-9, 15-17; Mk 7: 14-23

Thursday

Saint Scholastica, virgin

Gn 2: 18-25; Mk 7: 24-30

Friday - Weekday, Our Lady of Lourdes

Gn 3: 1-8; Mk 7: 31-37

World Day of the Sick

Saturday - Weekday; BVM

Gn 3: 9-24; MK 8: 1-10

Lincoln's Birthday

PRAYER CORNER

Pray for the Sick

Rose Marie Bodmer, Rosann Phelan, Frank Voje, Loretta Getola, John Van Swearingen, Ida May Boyle, Marie Scappetto, Maria Masi, Tom Fraiola, Conor Jennings, June Cuddihy and Ida Addotta



Pray for the Deceased

Chad Spikerman and Dick Hodshon

Pray for Our Troops

Command Sergeant Major Anthony Trisilla, U.S. Air Force.
1st Lieutenant James A. Giacchi, U.S. Army
Petty Officer Andrew Boyance, U.S. Navy
1st Lieutenant William C. Toft, U.S. Army
Sergeant Chris Goss, U.S. Marine Corp.

Chaplain Major Ken Beale, U.S. Air Force, has returned home safe and is now based in Florida. His family thanks everyone for their prayers.

Prayer Shawl Plus

Bring your lunch! Monday, February 7th, Rm. 2H from 11:00AM - 1:00PM. Knitters and crocheters of **all ages and ability levels** are welcome to join us! Come learn how, or bring a project you would like to work on. We will supply the yarn! Currently we are making hats for newborns that will be sent to Save the Children's newborn health programs, and scarves for the Barracuda Special Olympics Swim Team.



Saturday, February 5

5:30pm Peter Cyr by the Cyr Family

Sunday, February 6

7:30am Rosaria & Pasquale Parziale
by Daughter in Law, Kathy Parziale

9:30am Janis Luby by the Blasch Family

11:30am Charles Hughes by Wife, Gloria

5:30pm Connie Bosco by the De Julia Family

Monday, February 7

6:45am Robert Feliz by Kathy DeMartino

9:00am Andrew M. Prachar, Jr.
by M/M Paul Tully

Tuesday, February 8

6:45am Andrew M. Prachar, Jr.
by Grace Hodshon

9:00am Robert Feliz by M/M Joe Pagano

Wednesday, February 9

6:45am Frank Warren by the Scarfone Family

9:00am For the Intentions of the Van Buskirk
Family by the Rohal Family

Thursday, February 10

6:45am Robert Feliz by M/M John Hack

9:00am Louise Wilson
by Nadine and Bob Tokash

Friday, February 11

6:45am Robert Feliz by M/M Al Clemente

9:00am People of The Little Flower Parish

Saturday, February 12

9:00am Antonio Masi by Maria Masi

5:30pm F. William Rhatican (35th Anniversary)
by Family

Sunday, February 13

7:30am Mary Blewitt
by Dr. & Mrs. John Faillace

9:30am Patrick and Margaret Costello
by M/M Frank Dana

11:30am Andrew M. Prachar, Jr.
The Ladies Auxiliary of BHFD

5:30pm Andrew M. Prachar, Jr.
by Alyssa Amiano & Jason Massimino

SENIOR CITIZENS VALENTINE PARTY

Sunday, February 13, 2011 from 1- 4 pm

Parish Cafeteria

Sponsored by the Social Concerns Committee

LITURGY CORNER



Ministers of Hospitality

Minister of Hospitality is the term used to include those men and women who serve their parish in the liturgical ministries of **Usher and Greeter**. Their role is to help everyone, from long-time parishioners to newcomers and visitors, feel welcome and comfortable.

Among the many services that a Minister of Hospitality provides are giving a warm welcome to those arriving for Mass; helping with seating if necessary; taking up the collection and ensuring its safekeeping; arranging for volunteers to carry the gifts to the altar in the Offertory Procession; rendering assistance in case of illness, to someone with special needs or in an emergency; and distributing the parish bulletin after Mass.

Little Flower Parish presently has a great need for additional ushers and greeters at all the Masses. This ministry is open to both men and women and people from all age groups. Please contact kstumbar@lfbhnj.org or 464-7444 if you are interested in serving in this important ministry.

Prayer for Our Parish

Loving God, we pray for Little Flower Parish.

Guide and bless us as we strive to grow as disciples and carry out our mission to pass on our Catholic traditions, give witness to the Gospel, serve those in need and grow as a welcoming family of faith. Amen.

SUNDAY GOSPEL MEDITATION

5th Sunday in Ordinary Time – February 6, 2011

**“...your light must shine before others,
that they may see your good deeds
and glorify your heavenly Father.” (Mt 5, 16)**

Will your lamp blaze if you don't connect it to a source of energy, electricity or battery?

No! You know it!

How can you shine if you are apart from God?

How can you glow if there is no God's energy, no God's grace in your heart?



God's power must circulate in your veins that you might be able to perform the deeds of light.

So, plug in!

Be connected to God's power!

How?

Prayer, Sacraments, Holy Communion, Sunday Mass.....

You know how!

Just do it.

Let his power invigorate your daily life.

You are the light of the world.

Are you?

CATHOLIC FORUM Sponsored by the Respect Life Committee of Little Flower Parish

Join us for a presentation on: "Health Breakthroughs" by Dr. Kyle Beiter, Director of the Gianna Center offering couples pro-life healthcare based on Catholic Ethics - Tuesday, February 22 at 7:30 pm – Parish Cafeteria
Call Fr. Marek at 464-1585 for additional information - "Free will" offering will be taken up for "Food for the Poor". View our website: www.lfbhnj.org, click Ministries and then click Respect Life Committee.



2011 FIRST HOLY COMMUNION PARENTS MEETING

On **Tuesday, February 8**, there will be a First Holy Communion meeting for parents in the Parish Cafeteria. Parents can choose either the morning meeting from 10:00 -11:00 am or the evening meeting from 7:30 to 8:30pm. (Snow date is Tuesday, February 15.) An email went out about the meeting and other information about First Holy Communion, if you did not receive the email or have any question contact Lisa at lgervasio@lfbhnl.org, or (908) 464-7444.

ACS RELAY FOR LIFE 2011

The American Cancer Society Relay For Life® Kick Off Party will be held **at 100 Connell Drive in Berkeley Heights on Feb. 10th at 7:30pm.**

Relay For Life is an inspiring overnight event that unites the entire community in celebrating those who have cancer, remembering loved ones lost, and providing an opportunity to fight back against the disease. Come to the Kick Off to learn how you can form a team of your fellow **Little Flower** parishioners, family members and friends, or walk as an individual. Volunteers are also needed to provide their time and talent to ensure the success of this year's Relay For Life event. For more information or to RSVP to this year's Kick Off Party, call 973-715-5188, visit RelayForLife.org/berkeleyheightsNJ, or e-mail berkeley.heights.relay@cancer.org.

St. Joseph's Social Center

Open house for the 25th Anniversary of St Joseph Social Service Center **Thursday, February 10, 2011 1-4 pm.** Light refreshments and video at St Joseph's, 118 Division St Elizabeth. Call: 908-354-5456 Ext 3

FINDING THE JOB YOU REALLY WANT...

A Free Seminar offered by the New Providence United Methodist Church, 1441 Springfield Ave., New Providence, NJ – 7:30 pm – Monday evenings, beginning January 31st.

The Seminar will be led by Lloyd Feinstein, founder of Career Marketing Consultants with 26 years of experience.

SEMINAR DESCRIPTION

February 7, 2011 - 7:30 p.m.

TOPIC: How To Communicate Your Value: P-A-R Workshop. This workshop will introduce you to the value of storytelling as it is applied to the job search process and career management. The origin of PAR will be discussed, its components and how to apply this classic communication methodology to your resume, cover letters, marketing letters and thank you letters. In addition, strategies will be reviewed for applying

February 14, 2010, 7:30 p.m.

TOPIC: Getting The Job You Should Want! How To Figure Out Where To Go Next In Your Career. Using a simple in-class questionnaire of 28 comparisons, participants will help identify a career in which they'll flourish and be happy. Other topics include the Want Ad Analysis technique, a review of when to stay in a job even though you may be thinking of leaving or when you should change jobs or at least begin thinking about it. Final issue will review what makes a company a good place to work. Handouts include "Finding Your True Passion."

SNOW AND

STATE OF EMERGENCY

If during a snow storm, the Governor and/or the Office of Emergency Management calls a State of Emergency and asks people to stay off the roads, then there will be no Masses celebrated until the Governor or the OEM says that we as citizens can use the roads again.

As good citizens we need to comply and cooperate with what is asked of us especially in not traveling by vehicle. This allows for Law Enforcement, the Fire Services and other emergency services to do their jobs without any of us complicating their jobs. Thanks for your cooperation and understanding.

WOMEN'S CORNERSTONE RETREAT MARCH 11-12, 2011

What a wonderful opportunity to strengthen your personal relationship with God! A time to experience parish life at its best. You will come as an individual and leave as a family.

Mark your calendar now! You will not regret that you chose to join women from the parishes of Little Flower, Our Lady of Peace and St. Teresa's for this unique and enriching experience. Watch the bulletin for further Cornerstone information. Questions may be directed to Fr. Charles Gusmer, Cornerstone Spiritual Director, 464-7600 or team members, Carol Skrocki, 908-464-8156 and Mary Ann Narciso, 908-219-4006.

**SPAGHETTI DINNER
MEATBALL RECIPE CONTEST –
A TASTING SUCCESS!**

After much tasting and discussion by a handful of judges, a WINNER of the Little Flower - Spaghetti Dinner Meatball Recipe Contest was chosen.

Congratulations to **Alyson Heissler!!!** As the winner, Alyson and her family receive a free dinner for the Spaghetti Dinner to be held on Sunday, March 6th.

There were 12 meatball recipe entries by very dedicated parishioners. The meatballs came in various sizes and tastes. It was a hard choice, but the judges who did a great job, selected a winner.

The Spaghetti Dinner Committee would like to thank the makers of the 12 entries whom are listed below.

**Diana Peltier
Betty Capone
Betty Kalagassy
Carl Bellero
Barbara Santullo
Alyson Heissler
Kathy Hager
Joe Franchise
Nick Demarco
Cindy LaSalle
Michael D'Aquila
Rose Franchino**

Overall, it was a fun time!!!!

Please reserve Sunday, March 6th for the Spaghetti Dinner.



Mark Your Calendar

PARISH LIFE EVENTS

15th Annual Union County St. Patrick's Day Parade

Saturday, March 12, 2011
March with your Little Flower Family and enjoy a late lunch!

Somerset Patriots Ballgame

Friday night June 17 at 7:00PM
ONLY \$8.50 per ticket
(Keep watching the Bulletin!)

Marriage Takes Three

I once thought marriage took just two to make a go,
But now I am convinced it takes the Lord also.

And not one marriage fails where Christ is asked to enter,
As lovers come together with Jesus at the center.

But marriage seldom thrives, and homes are incomplete,
Till He is welcomed there to help avoid defeat.

In homes where Christ is first, it's obvious to see,
Those unions really work, for marriage still takes three.

Author Unknown

There will be a Youth Mass but no Life Night on Sunday, February 6th. Life Nights will resume on Sunday, February 13th.

The Heights of Holiness

A few weeks ago, a newcomer to the parish scene mentioned that she was not crazy about the upper church: it wasn't "churchy enough". But then she reflected that although the upper church wasn't her cup of tea, that she felt more welcomed here than she had at any other parish she belonged to. She was saying that she experienced the people of the parish as "the church". I share this as an introduction to what you will hear and see more about in the next weeks.

We have been working at giving the upper church that "churchy" feel. Through the work of the Environment and Art team, there has been an increased sense of beauty in the church.

As part of our strategic plan, which many of you received a number of months ago, we are about to re-orient the upper church. We are not renovating the church. We will be moving the direction and flow of the church from what it is presently to moving it in the direction of the stage. Aside from this move flowing better with the architecture of the building, it will be easier for people who come in later (while everyone is standing), to find a seat.

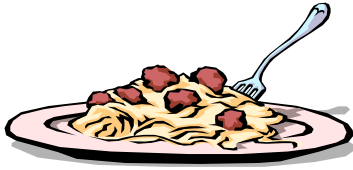
At the Masses of the weekend of February 19-20, I will address what it means to have a "sacred space". One of the theological points I'd like you to think about is this: through our baptisms each one of us has God in us; the Church anoints us and we enter into a relationship with God where He considers us his sons and daughters. We share in the life of God. We become holy. WE are the Church! We are the sacred ones.

We the Church gather every Sunday to praise and thank God but also to be strengthened in Word and Sacrament. We leave and return home, to school, to work, to our worlds so that we can be God's holy and sacred ones.

So the question for reflection is: Do I believe that I am sacred and holy? Let's ask God to deepen that sense within us.

Father Andy Prachar

Little Flower's Annual



**SPAGHETTI
DINNER**



...With meatballs, breads, salad, dessert, coffee, soft drinks!

Sunday, March 6

Two seatings 4:00 - 6:00 & 6:00 - 8:00pm

Location: Little Flower Cafeteria

\$10 per adult

\$7 children 6-12 years old

Free to children 5 and under

**Please RSVP by mailing payment to the address noted below
no later than Tuesday, March 1. YOU MAY NOT PAY AT THE DOOR!**



Little Flower's Annual Spaghetti Dinner

PAYMENT DUE BY MARCH 1st - YOU MAY NOT PAY AT THE DOOR!

Check one: **4:00 - 6:00pm**
 6:00 - 8:00pm

Name(s) of Adults: \$10 each

Name(s) of Children: 6-12 years old \$7 each

Name(s) of Children 5 and under free

Name(s) _____

Email: _____ **Phone:** _____

Amount Enclosed

\$ _____

Number adults x \$10 per person

Number of children 6-12 years x \$7 per child \$ _____

Total Check should be made payable to: \$ _____

Little Flower Church

Mail form and payment to:

Little Flower Church

Attn: Spaghetti Dinner Committee

110 Roosevelt Avenue

Berkeley Heights, NJ 07922

Questions? Please call Nick Schiavo at 908-295-7380

Would you like to Volunteer on March 6th? YES!!

Name _____ **Phone** _____ **Email** _____